

#### **August 16, 2011**

## **Montana Health Care Programs Notice**

### Psychiatric Residential Treatment Facility, Mental Health Center, Licensed Clinical Professional Counselor, Social Worker, Psychologist, Therapeutic Group Home, Therapeutic Family Care

# Care Coordination Is Available on a Limited Basis for Youth in a Psychiatric Residential Treatment Facility

**Effective immediately,** limited care coordination is a covered ancillary service for youth in a psychiatric residential treatment facility (PRTF).

"Care coordination" means monitoring and referral services provided to youth in a PRTF by an outside provider to assist in discharging the youth from the PRTF to create a smooth transition in which to transfer the clinical gains the youth has made in the PRTF to the community. Care coordination may be provided by a licensed or in-training mental health professional, or targeted case manager who has extensive knowledge of community services. In-training mental health professional services are only reimbursed when provided by a licensed mental health center. Care coordination includes the following:

- a.) Monitoring, which means attending telephonically the youth's monthly PRTF treatment team meetings and consultation with the team about:
  - The youth's treatment goals and progress in treatment;
  - The youth's readiness for discharge and promoting discharge at the earliest opportunity;
  - The youth's discharge plan and specific service needs; and
  - Advocating for the parent or legal guardian's recommendations about treatment and discharge.
- b.) Referral services, which means:
  - Making appointments for needed psychiatric, medical, educational, psychological, social, behavioral, developmental, and chemical dependency treatment services, as appropriate upon discharge from the PRTF; and
  - Ensuring communication exists and pertinent clinical information is shared between the youth's PRTF treatment team and community providers prior to discharge.

If a PRTF contracts for care coordination the following limits apply:

a.) Up to 16 units per month to attend multidisciplinary treatment team meetings to monitor the youth's progress; and

- b.) Up to 32 units within 30 days of the youth's discharge. Of these 32 units, up to 16 units may be used for attending treatment team and discharge planning meetings and up to 16 units may be used for making referrals and related activities for needed services upon discharge; and
- c.) Only one care coordinator will be reimbursed per youth.

Care coordination services will be reimbursed to the PRTF at the prevailing Medicaid rate for Healthcare Common Procedure Coding System (HCPCS) Code T1016 HA (Targeted Case Management) when:

- a.) The parent or guardian is given the choice of eligible providers;
- b.) Services are not contingent on youth receiving other services from the agency providing care coordination;
- c.) Services are adequately documented in a narrative form and maintained in the care coordinator's records to justify the number of units billed to the PRTF; and
- d.) Care coordination activities are included on the youth's PRTF treatment plan. A separate care coordination assessment and care plan are not required.

Care coordination services for youth in a PRTF must be reimbursed by the PRTF and not the Montana Medicaid program. Montana Medicaid does reimburse for ancillary services youth receive on the day of admission to and discharge from a PRTF.

See ARM 37.87.1222 for a list of other covered ancillary services. This applies to both in and out-of-state PRTFs enrolled in the Montana Medicaid program. PRTFs are reimbursed by Montana Medicaid through a bundled rate to include all psychiatric, medical and ancillary services to meet the youth's psychiatric and physical health care needs.

#### **Contact Information**

For questions about this provider notice, see Montana Administrative Register (MAR) Notice 37-533 or contact Diane White, Clinical Program Officer, Children's Mental Health Bureau, P.O. Box 4210, Helena, MT 59604-4210, (406)444-1535, dwhite@mt.gov.

For claims questions or additional information, contact Provider Relations:

Provider Relations toll-free in- and out-of-state: 1-800-624-3958 Helena: (406) 442-1837 E-mail: MTPRHelpdesk@ACS-inc.com

Visit the Provider Information website:

http://medicaidprovider.hhs.mt.gov